Middle School Retreat Packing List

* Bible
* Notebook
* Pen
* Games/books for free time
* Sweatshirt/jacket
* Long pants/sweatpants
* Pajamas
* Enough clothes/underwear/socks for the weekend
	+ We will be outside for a lot of the weekend, so dress accordingly
* Twin sized sheets (or sleeping bag)
* Pillow
* Towel
* Soap, shampoo, conditioner
* Toothbrush and toothpaste
* Hairbrush
* Closed toed shoes
* Raincoat or umbrella (check the weather forecast as you pack)
* Water bottle (optional)
* Money for dinner on the road on Friday night

A note about medications:

Middle school students are not allowed to keep medications (prescription or over the counter) with them. If your student has medication with him or her, it will need to be checked in with Anna before departure. Our leaders will have first aid kits with them (that have basic over the counter medications) and can help administer medications during a mealtime or at bedtime. All medications must be in their original containers.

A note about electronics:

We are encouraging students to take this weekend to unplug from their normal routines to be able to encounter God in new ways. That being said, students are allowed to have their phones with them as long as they are put away during our programming time.