



2023 Men's Retreat
May 5th – 7th
Sandy Cove

Schedule

Friday May 5th

- 5:00pm – Arrive and check-in**
- 6:00pm – Dinner**
- 7:00pm – Teaching**
- 8:30pm – Firepit and social time**
- 9:30pm – Compline (*optional*)**

Saturday May 6th

- 7:00am – Morning Prayer (*optional*)**
- 8:00am – Breakfast**
- 9:00am – Worship & Teaching**
- 10:45am – Break**
- 11:00am – Bible Study**
- 12:00pm – Lunch**
- 1:00pm – Activity**
- 2:00pm – Free Time / Games**
- 4:30pm – Teaching**
- 6:00pm – Dinner**
- 7:00pm – Teaching**
- 8:00pm – Silence, Solitude, Prayer**
- 9:00pm – Firepit and social time**
- 9:30pm – Compline (*optional*)**

Sunday May 7th

- 7:00am – Morning Prayer (*optional*)**
- 8:00am – Breakfast**
- 9:00am – Sunday Worship and Communion Service**
- 10:30am – Time for Reflection/Gratitude**
- 11:30am – Pack to leave**
- 12:00pm – Lunch**
- 1:00pm – Head Home**